Master Care System

Dear Karin,

I want to write and share with you what this wonderful back care system has done for my wife and myself.

It's something we will never be without. Our system has the sliding table which we feel has untold advantages. It stretches out your back and joints letting blood flow for added healing take place with it's the 15 and 35 degree positions. We are under compression all day long and as you get older you seem to stoop over and just shrink. When you stretch out on the table and lay flat you immediately realize how stooped over you walk. This has changed with me. I stand up taller walk straighter and just over all feel a whole lot better. If I get sore I go and (my wife says) hang for a while. I walk, twist, move up and down a whole lot easier that I used to. I used to hurt when I moved my head to see beside me when driving in traffic, that doesn't happen anymore. Doing the exercises on the table in the 15 and 35 degree positions has conditioned my neck muscles to respond without pain. My wives knees do not hurt anymore. We are convinced that the exercises and the stretching causing new blood flow to these areas is making us much stronger as we are growing older. There is no way we will ever be without Master Care System. We use it most everyday. It's a tremendous plus for us!

Thank you
Dale Rule
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/AB & Tule