



October 4, 2002

Karin Jansson
Swedish Backcare System, Inc.
Plaza South --Suite 106
4475 U.S. 1 South
St. Augustine, FL 32086

Dear Ms. Jansson:

I was referred to you by a very good friend who had experienced much relief and an improved back condition after regular use of the Mastercare Back-A-Traction.

For several years I had been experiencing lower back pain, which was getting increasingly worse. About one year ago the pain level was about 8 on a scale of 1 to 10 with 10 being unbearable. A MRI revealed a condition that could have required surgery.

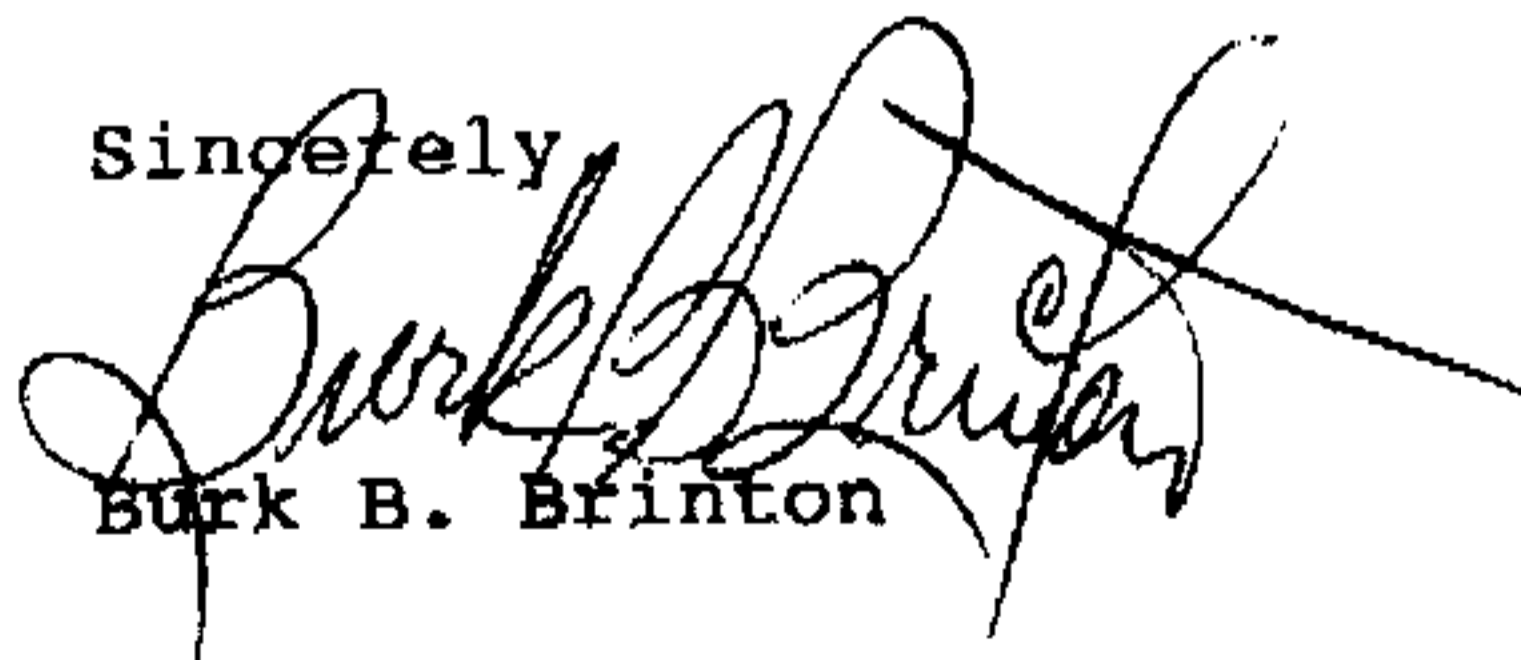
Last September you introduced me to the Back-A-Traction. My daily routine since making the purchase has been 10 to 15 minutes at 15 degree inversion, plus a set of six simple back stretching exercises. Within 30 days my pain level went from the 8 to about 2.

During the past year I have had no problems with my lower back, and am leading a very active life.

For the record, I am 76 years old, am active on a daily basis in my family business. I do daily cardiovascular exercise, yard work, can play golf, and ski on an upper intermediate level.

Thanks for making the Mastercare Back-A-Traction available.

Sincerely,



Burk B. Brinton