

Gold's Gym

Fitness and Aerobics Center

September 15, 2003

Swedish Back Care System Incorporated
Attention: Ms. Karin Jansson
Suite 106, Plaza South
4475 U. S. 1 Highway South
St. Augustine, Florida 32086

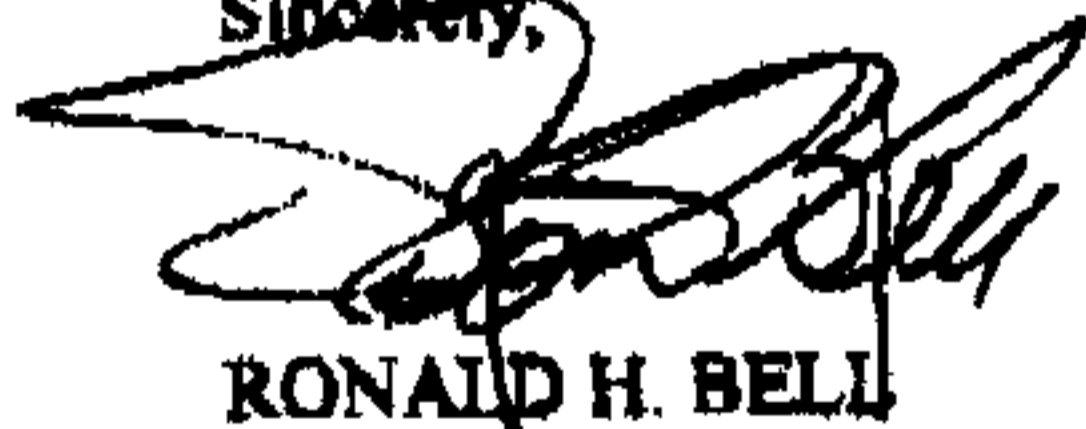
Dear Ms. Jansson:

I wanted to take this opportunity to thank you for your assistance in selecting the Mastercare Back-A-Traction. As you know I was suffering from a pinched nerve and herniated disk in the lumbar spine area. After several weeks of using the Back-A-Traction and following your suggested exercise routine while laying on the sliding platform; I enjoyed a great deal of relief. After continued use I was able to avoid back surgery.

Initially the unit was purchased for my personal use. However, after experiencing such satisfactory results I moved the unit into our gym so that our members could use it and I would have it available to me while at work. A number of our members use the back-a-traction on a regular basis and most have had great results. All those that use it after workouts find that they have much less back pain.

Thank you for your help and suggestions and especially for making this wonderful machine available to us.

Sincerely,



RONALD H. BELL
President

17050 Collins Avenue
Sunny Isles Beach, Florida 33160