



Mastercare®

*The Swedish Back Care System
Back-A-Traction
Svenska Hälsobänken*

Operating Instructions: Support Leg, SL1

Accessory to Mastercare Back-A-Traction, Model A



Mainly for Professionals as support during use for massage, manipulation/adjustments.
Can also be used as support for heavy people (over 100 kg, but max 150 kg), as well as to reduce angle of inclination.

Please note; for Professional treatments in Mastercare Back-A-Traction the Support Leg must be used in order for the warranty to be valid.

To properly use the Support Leg you must use the handle.
It is the handle that fastens or loosens the Support Leg.

The upper handle - see picture above (1):

If you pull the handle straight out (with thumb against button) and keep it there, you can rotate it to any position you want...when the handle is back in place you can lock or loosen the Support Leg.

The bottom handle - see picture above (2):

If you loosen this handle you can lengthen the Support Leg and thus reduce the inclination of Mastercare; for example to only 10 or 5 degree inclination or to horizontal position.
Please note; when you use the reduced inclinations, the locking-devices will not function, but with the help of the bodyweight you will stay in place.



If either handles are pointing out and are "in the way" ...simply pull the handle straight out and keep it there and rotate the handle to desired position.

**Always use the handle –
Never pull the Support Leg itself !**

