

To Whom it May Concern:

June 6, 1989

Re: Mastercare

In my work as company physician, I see patients daily with neck, shoulder and back problems, as well as damages caused by stress and strain. They have occupations varying from office work to jobs in heavy industry.

During the last year, in cooperation with a physical therapist and the Swedish Spine Care School, I have tried out Mastercare - The Swedish Back Care System, with the intent to lower employee absenteeism caused by these kinds of problems. Our aim was to achieve mild traction of the vertebrae. This has proven to be quite successful with this gravity traction table because the patient has the opportunity to relax during the treatment, which diminishes the muscular tension and therefor it is more effective.

The patients have been treated several times a week, with very good results. They were able to return to their normal work quickly.

In fact, in some cases, the patient has been able to return to work with certain remaining symptoms, since he or she has been feeling so much better. Mastercare - The Swedish Back Care System, has been an excellent aid in our practice, and in fact the best we can offer when it comes to back problems.

The results have been very satisfactory; therefore I recommend other health care professionals to try Mastercare as an alternative.

Tomas T. M.D.