



**Fig. 7-10** Patient rotating pelvis in LTX 3000.

- Patient with feet positioned so that knees are near right angles and rotated to the left.
- This is another exercise position for the device. Other exercises can be performed on the LTX 3000 by acute, chronic, or rehabilitating patients. (Courtesy Spinal Designs, Minneapolis, Minn.)



**Fig. 7-11** Clinician positioned for posterior adjustment of patient on LTX 3000.

- Patient is positioned on the LTX 3000, with the arms at rest and traction on the lower back resulting from the seated position.
- One leg is fully extended; the other leg is flexed, with the knee less than 90 degrees; and the lower back relaxed.
- Clinician is positioned behind the patient, kneeling with a stable squatting stance to create sufficient leverage on the patient.
- With this position, the right ilium is flexed slightly. This facilitates the clinician performing a mobilizing repeated thrust into the right ilium, creating movement in the right sacroiliac joint. (Courtesy Spinal Designs, Minneapolis, Minn.)