

NEW HORIZONS PHYSICAL THERAPY

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Ms. Karin Jansson
Swedish Backcare System, Inc.
Plaza South, Suite 106
4475 U.S. 1 Hwy. South
St. Augustine, FL 32086

Dear Ms. Jansson,

I am writing you to express my great satisfaction with the Mastercare Back-A-Traction unit that your company manufactures. I first came across one of your ads several years ago. The idea of a sliding backrest intrigued me and I decided to purchase one. The unit arrived shortly thereafter and we immediately incorporated it into our treatment protocols. We found it to be well made and much more sturdy than gravity traction units I have encountered in the past.

The Back-A-Traction is very simple to use. The time necessary to instruct an individual in the safe, appropriate use of the unit is minimal. The great majority of our users reported excellent, comfortable lumbar distraction. The sliding backrest allows for gravity traction to be effectively administered without the need for potentially dangerous inversion. A user's ability to completely control and immediately vary the amount of traction received were important features to us.

We use our Back-A-Traction daily. The unit has nearly rendered our old mechanical traction obsolete. Once a patient is medically cleared and properly trained, he/she can easily administer the treatment independently. Our unit is located centrally in our exercise area so our users can be observed by several of our staff. We have found the ability to perform strengthening and stretching exercises in a slightly distracted state quite beneficial for many of our patients. We have placed patients in the unit in prone as well as supine, which lends to many creative uses of the unit. Individuals with chronic, degenerative disc disease have been greatly assisted with this apparatus. Several of our patients have purchased their own unit, and on a few occasions third party payers have actually paid for the unit.

I am very happy with our Back-A-traction and the additional treatment options it has afforded me. I would be happy to endorse your unit to any of my colleagues if you should ever have the need.

Sincerely,



John R. Antoni, PT, OCS