





BACK COMPLAINTS

NEW VISION

In combination with

Master-care[®]
The Swedish Back Care System

**You are concerned about
backcomplaints because you are**

- ➔ **Backpatient** or
- ➔ Professional **Therapist**





The Mastercare Back-A-Traction stands for :

- ➔ **Mobilization**
- ➔ **Manipulation techniques**
- ➔ **Stabilization training**

A graded-activity exercise therapy in a decompressed position

*Recuperation, mobilization and stabilization on **1 single** device !!*



Thanks to the moving backrest, a slight inclination of only 15° is enough to obtain a therapeutically justified traction force (26% of the body weight).

No need to hang upside down in an awkward, unsafe and uncomfortable position, which only increases bloodpressure towards eyes and brains.





As a therapist, you can assist your patient and coach in performing the exercises correctly.





**A few simple exercises each day
(on the Mastercare Back-A-Traction)
will relieve and keep your backpain away !!**



A well-illustrated manual on CD-rom is included.

As with all medical devices, it's important to ask your therapists' advice

Mastercare Back-A-Traction

Multidisciplinary Treatment

1. **Relaxation** ➔ Rehydratation of the intervertebral discs

2. **Mobilization** ➔ Postural correction, re-alignment

3. **Stabilization** ➔ Strengthening natural musculcorset



Indications

Low Back Pain

Disc Herniation

Lumbago

Sciatica

Nerve Root Compression

Muscle Spasms

Shoulder Stiffness

Inflammation of Joints

Scoliosis

Bechterew's Disease

Anterolisthesis

Circulation Disturbance

Ankle-Knee-Hip Dysfunction

Postural Problems

**Every circumstance where decompression is
needed and/or wanted**



can also

HELP YOU !!

