





#### You are concerned about backcomplaints because you are

### ⇒ Backpatient or

Professional Therapist



#### The Mastercare Back-A-Traction stands for :

- Mobilization
- Manipulation techniques
- Stabilization training

A graded-activity exercise therapy in a <u>decompressed</u> position

Recuperation, mobilization and stabilization on <u>1 single</u> device !!







Thanks to the moving backrest, a slight inclination of only 15° is enough to obtain a therapeutically justified traction force (26% of the body weight).

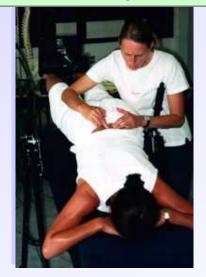
No need to hang upside down in an awkward, unsafe and uncomfortable position, which only increases bloodpressure towards eyes and brains.







As a therapist, you can assist your patient and coach in performing the exercises correctly.











#### A few simple exercises each day

#### (on the Mastercare Back-A-Traction)

#### will relieve and keep your backpain away !!





A well-illustrated manual on CD-rom is included.

As with all medical devices, it's important to ask your therapists' advice



#### Mastercare Back-A-Traction

## **Multidisciplinary Treatment**

1. **Relaxation**  $\Rightarrow$  Rehydratation of the intervertebral discs

2. **Mobilization →** Postural correction, re-alignment

3.**Stabilization** Strengthening natural musclecorset





## Indications

Low Back Pain	Disc Herniation
Lumbago	Sciatica
Nerve Root Compression	Muscle Spasms
Shoulder Stiffness	Inflammation of Joints
Scoliosis	Bechterew's Disease
Anterolisthesis	Circulation Disturbance
Ankle-Knee-Hip Dysfunction	Postural Problems

## Every circumstance where decompression is needed and/or wanted



can also

# HELP YOU !!

